

2. (Twice amended) [An exercise] A networked force application system as recited in claim 1 wherein said local force application system is one of a plurality of local force application systems, each of which is in at least part-time communication with said first remote computer server system.

3. (Twice amended) [An exercise] A networked force application system as recited in claim 2 further comprising a second-level server computer system in at least part-time communication via a wide area network with said first remote computer server system, whereby said second-level server acts as a server to said first remote computer server system.

C/ 4. (Twice amended) [An exercise] A networked force application system as recited in claim 3 wherein said first remote computer server system is one of a plurality of remote computer server systems, each of which is in at least part-time communication with said second-level server computer system.

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~~9.5~~ (Twice amended) A [local] networked force application system as recited in claim 4 wherein said script includes a plurality of resistance settings for said actuator.

C/ ~~5.6~~ 10. (Twice amended) A local system comprising:  
at least one exercise apparatus;  
at least one associated local computer monitoring a use of said exercise apparatus and, in response thereto, controlling an operation of said exercise apparatus based upon a modifiable script stored in a read/write memory of said local computer, said script being received over a wide are network interface from a remote server system.

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C/ ~~7.8~~ 12. (Twice amended) A local system as recited in claim ~~11~~ <sup>10</sup>, wherein said local computer can communicate with [a] said remote server system over said wide are network to provide said remote server system with local system data concerning said use of said exercise

03 apparatus, and to receive remote server system data including at least a portion of a modified script to be stored in said read/write memory.

10 18.11 (Twice amended) A method for controlling an exercise apparatus comprising:  
running a modifiable script on a local computer to control the use and to monitor the operation of an exercise apparatus, said script being stored in read/write memory of said local computer, where the use of said exercise apparatus may be affected by said script and by said monitoring of said operation of said exercise device; and  
04 communicating with a remote server system via a wide area network to provide said remote server system with data concerning said use of said exercise apparatus, and to receive from said remote server system data including at least a portion of a modified script to be stored in said read/write memory of said local computer.

10 16.12 (Twice amended) A method for controlling an exercise apparatus as recited in claim 15 wherein said communicating comprises establishing a communication linkage including an Internet link between said local computer and said remote server system.

12 13 (Twice amended) A method for controlling an exercise apparatus as recited in claim 16 further comprising:

communicating between said remote server system and a second-level server system, such that remote server system data derived, at least in part, from said local computer can be communicated to said second-level server system, and such that second-level server system data can be communicated to said remote server system.